

# **Fitness Solutions**



# Gym Floorings Impact reducing Durable Comfortable

ErgoFloor A/S is specialized in delivering durable flooring solutions for fitness and sports. We have been in business for more than 15 years. Our wide know-how, experience and product portfolio, are your guarantee for the achievement of the right cost-effective solutions to cover your special needs.





#### ErgoTile & ErgoPave rubber tiles

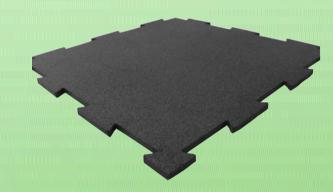
As a manufacturer with a wide experience in manufacturing rubber tiles & mats for fitness and gyms, we can supply our own range of rubber tiles:

#### **ErgoTile**

Impact reducing, durable and comfortable rubber tiles. A cost-effective solution produced environmentally friendly of recycled rubber granules from worn-out car tyres.

The safe choice for almost every application.











# ErgoTile product range

ErgoTile rubber tiles can be delivered in both standard and custom specified colours with different surface materials. The program includes:

**ErgoTile C1** (standard) provided with a surface layer made of fine-grained recycled rubber granules in a selection of decorative colours by the use of a coloured binder.

**ErgoTile C2** (mix) provided with a surface layer made of fine grained recycled black rubber granules mixed with coloured EPDM granules in a selection of colours.

**ErgoTile C3** (EPDM) provided with a surface layer made of EPDM rubber granules in a selection of colours.

**ErgoTile C4** provided with a cutted surface layer made of an extremely strong & durable rubber sheet made from black recycled rubber mixed with coloured EPDM.

**ErgoTile X** (C1X) C1 in the special version **X** with ultra fine-grained granules and extra binder to achieve a closed, easy to clean and extremely durable surface.

**ErgoTile Puzzle**. The right choise for small to medium sized floor solutions. The program includes tiles in 10, 15, 20 & 25 mm thickness in size 525x525 mm available in C1 & C2 & X quality. Easy to handle and install by your self.

#### **ErgoPave H-Link Equine dogbone pavers**

Specially designed for the most demanding applications and manufactured with maximum compression - so tough, that they literally spoken are indestructible.

The self-locking, resilient, flexible, non-slip, shock-absorbing and comfortable properties makes ErgoPave H-Link Equine rubber pavers the perfect choice for weight lifting and outdoor crossfit areas etc.

#### General use

As overall flooring in gyms where a rough tile look is preferred ErgoTile Quad 1.000x1.000x15or 500x500x15 mm tiles is the most commonly used.

In free weight training- and crossfit areas, ErgoTile Quad rubber tiles in 15-25 mm thickness are most commonly used. However, in special cases, where e.g. the neighbour or he person living in the flat below is bothered by noises and /or vibrations, the ErgoTile Quad rubber tiles can be combined with an underlay of **ErgoPlay Impact** tiles in thickness 45, 60, 75 or 90 mm to achieve additional impact sound and vibration reduction.





#### **ErgoPlay Impact rubber tiles**

As a manufacturer with a wide experience in developing and manufacturing impact absorbing rubber tiles for playgrounds, we can supply our own produced program of ErgoPlay Impact rubber tiles for fitness centres and gyms with special impact protection needs.

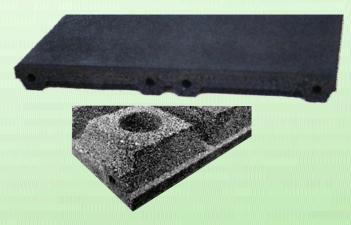
ErgoPlay Impact rubber tiles are originally designed to give optimum impact absorption and slip resistance to contribute to a safe playing environment.

When used in gyms, these properties can be utilized to secure a good foothold and to absorb the impact force of falling objects such as dumbbells, weight bars and other heavy objects in the free weight and crossfit areas. Therby impact sounds and vibrations are minimizes and damages to the subfloor and the building are prevented.

A cost-effective solution produced environmentally friendly of recycled rubber granules from worn-out car tyres.

The safe choice not only for playgrounds, but also for fitness studios and gyms.





#### **ErgoPlay Impact product range**

ErgoPlay Impact rubber tiles can be delivered in both standard and custom specified colours with a selection of different surface materials.

The program includes tiles in 45, 60, 75 & 90 mm thickness with a full selection of ramps, corners and 1/2-tiles available.

#### General use

As Impact absorbing flooring in free weight and crossfit areas. However, please note that impact absorbing construction weakens the tiles, so they do not have the same strength as massive tiles. Therefore we do not recommend to use 45 mm ErgoPlay alone by heavy loads. If 45 mm ErgoPlay however e.g. is combined with an upper layer of 25 mm ErgoTile tiles, an extremely durable and impact absorbing surface with perfect foothold is achieved.

60, 75 & 90 mm ErgoPlay tiles can be used alone in areas with heavy loads, but are often combined with an upper layer of another flooring as e.g. ErgoTile rubber tiles, ErgoStall stable mats or Everroll to achieve a surface with uniform and optimum softness and foothold.



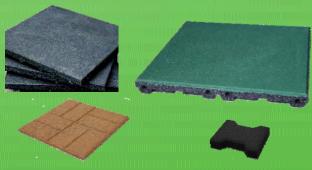
# **Environmentally friendly recycled products**

ErgoPlay, ErgoTile, ErgoPave & ErgoRamp rubber tiles and ramps are manufactured by our Vietnamese subsidiary , ErgoFloor VN Ltd.

Using unique and environmentally friendly production methods, a wide range of different rubber surfaces, floorings etc. in superior quality are produced. All in accordance with our code of ethics that is, that we through our activities shall contribute to an environmentally friendly recycling of waste rubber into new and valuable rubber surfaces and rubber parts.









#### Regupol & Everroll

As Danish distibutor of Regupol Everroll Performance rubber & sports floorings from BSW - Berleburger Schaumstoffwerk GmbH, we can supply:

#### **Regupol Everroll Performance**

An environmentally friendly and homogeneous rubber Flooring made of EPDM and recycled rubber, for heavy loaded surfaces. Durability, flexibility, safety, comfort, slip resistance and aesthetic appeal makes Everroll the ideal flooring solution for almost all types of gym & sports surface.

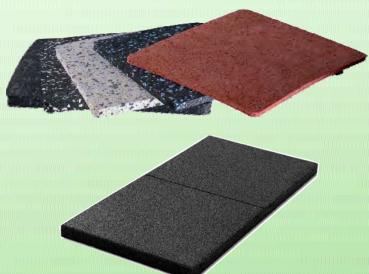












# **Everroll product range**

Everroll rubber floorings can be delivered in both standard and custom designed colours and patterns as well as both rubber tiles and mats for special applications. The program includes:

Everroll Performance rubber flooring in rolls.

Everroll MyCreation rubber flooring in Your design.

Everroll CrossTile rubber tiles for crossfit.

Everroll MultiTile rubber tiles.

Everroll WeightLayer rubber tiles

Everroll Kombi for sprint tracks and free weight areas.

Everroll Relax tatami mats for yoga and pilates etc.

**Everroll Stretch & Fight** tatami mats for Martial Arts combat training etc.

In addition to use as gym and fitness flooring Everroll Performance rubber flooring are the ideal solution as commercial flooring in shops, restaurants, hospitals and offices etc.

#### General use

As overall flooring in gyms Everroll Basic or Classic in 6 mm thickness complemented with rubber tiles in 15-25 thickness in the free weight training areas.

For crossfit areas, Everroll in 10-12 mm thickness is most commonly used. Alternatively rubber tiles in 15-25 mm thickness - however in special cases up to 100 mm thickness



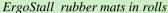


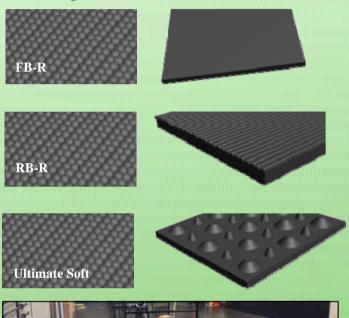
#### **ErgoStall rubber mats**

Our ErgoStall rubber mats for stables have been produced for many years and have proven cost effective to fulfill the demands of the market for strength, stability and wear resistance, during intensive long term use in cattle, horse and pig stables all over the world.

By use in gym and crossfit areas, advantage can be taken of these special physical performance properties, to create inexpensive and extremely durable impact absorbing surfaces for heavy loads.

The competitive choice for rough gym surroundings.









#### ErgoStall product range

ErgoStall rubber mats can be delivered as single mats and in rolls in a selection of different qualities, thicknesses and different surface patterns. The program includes:

**ErgoStall HSM** 1.830x1.220x17 mm single rubber mats for medium to heavy loads.

**ErgoStall CF** 1.800x1.200x12/17 mm single rubber mats with smooth surface for Crossfit etc..

**ErgoStall FB-R** rubber mats in rolls in 10 mm thickness for medium to heavy loads.

**ErgoStall RB-R** rubber mats in rolls in 10-17 mm thickness for medium to heavy loads.

**ErgoStall Ultimate Soft** rubber mats in rolls in 20 mm thickness for heavy to extreme loads.

#### General use

As overall flooring in rough gyms, in free weight training and crossfit areas, on weight lifting platforms etc. In special cases as topcover for an underlay of **ErgoPlay Impact** tiles.







#### **ErgoFit EVA safety mats**

Developed and manufactured especially for use as flooring for martial arts as e.g. taekwondo and judo.

Very suitable for stretching, floor exercises and aerobic etc.

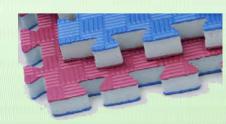
Made of foamed EVA - the same material as normally used for running shoes.

Soft, impact absorbing and comfortable.

Easy to install without the use of any special tools.

#### ErgoFit EVA product range

ErgoFit EVA mats are available in size 1.000x1.000x22 mm. Available in a selection of 5 colours on one side - always with grey colour on the other side.







# **ErgoFit Yoga mats**

ErgoFit Yoga mats are perfect for pilates and stretching exercises. Made of the highest quality NBR foam material, with a thickness of 10 mm, it provides extra cushioning between you and the hard floors. Feel the extra comfort on your wrists, back, knees and when sitting down.

Ideal for indoor and outdoor use, the non-slip surface provides great grip and perfect cushioning for better support. Extremely lightweight and featuring a convenient roll up design allows for easy storage and transport. The perfect choice for both experts and beginners.



# **ErgoFit Fitness mats**

For use under exercise bikes and other equipment to protect the floor against sweat and tear. The mat is 6 mm thick and very durable and easy to clean.

Made of high quality vinyl and available in several sizes.









**ErgoTop LVT Design Flooring** tiles and planks are environmentally friendly heterogeneous vinyl flooring surfaces for areas subject to high abrasion. ErgoTop is stocked in a quality targeted for professional use with high loads and intensive use, but can be provided in lower qualities down to DIY quality for residential use.

With a ErgoTop vinyl flooring is achieved a flexible and resilient floor surface with excellent slip resistance, hygienic properties, ease of cleaning, acoustic properties, noise reduction and fire properties, resulting in a hygienic, environmental and safe solution for almost any apllikation.

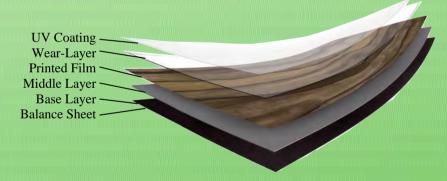
ErgoTop is produced environmentally friendly of virgin PVC and is free of heavy metals, solvents and phthalates.

Design Vinyl planks and tiles, also known as LVT (Luxury Vinyl Tiles) tiles and planks, are gaining more and more ground as an affordable, durable and flexible coverings for use in fitness facilities. Since the design comes from a photographic film and the surface can be embossed with wood or stone texture, almost unlimited design possibilities and extremely lifelike surfaces are obtained .

ErgoTop LVT Design Vinyl is available in the design series Natural, Classic, Antique & Square in thicknesses from 1,2 to 4,5 mm with wear layer in 0,1-1 mm thickness.

In addition, ErgoTop is available in the special quality WVLT (Wood Luxury Vinyl Tile), wherein the photographic film is replaced by wood veneer to obtain perfect aesthetics, and in the special version LLT (Loose Lay Tile) for loose laying without any gluing.

The program includes a total of more than 120 designs that can be delivered in a wide range of sizez and qualities.







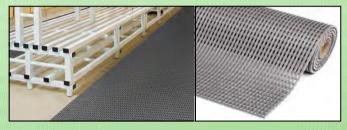
# Other products suitable for use in fitness and healtcare facilities

#### ErgoRamp rubber ramps

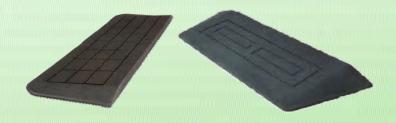
The program is including 16 ramps available in thicknesses from 15 to 125 mm in a selection of widths from 343 to 1.270 mm. ErgoRamp offers you an immediate solution for removal of vertical barriers and can easily be trimmed, cut or joined to fit your requirements.

ErgoRamp is a cost-effectively solution produced environmentally friendly of recycled rubber granules from worn-out car tyres.









#### **Anti-fatigue mats**

A superior program of anti-fatique mats with anti-slip properties. The mats alleviates foot pressure, stimulates blood circulation and helps to reduce stress on the back and legs.

#### **Hygiene mats**

A program of hygienic mats suitable for use in locker rooms, shover facilities & pool soroundings etc. is available. The mats helps to minimize slips and falls and are antibacterially treated to prevent growth of fungi and bacteria and reduce odours.

# **Dust control entrance mats**

A full selection of outdoor and indoor entrance matting for professional use.

The mats are designed to remove dirt and moisture from shoes, prevent debris from travelling within facilities, make entrances look clean and tidy and reduce slip hazards.

Hereby the majority of dirt will be stopped at the entrance and will not build up on floors. This reduces floor maintenance and the need for cleaning significantly and extends the lifetime of the floorings.





# Product range Fitness products

ErgoPlay Impact Ruber Tiles										
	Type	Size	Pcs./m2	Th.	Weight	*Fall				
		[mm]	[Pcs.]	[mm]	[kg/m2]	height	Standard surface (C1)			1)
						[m]	Red	Black	Green	Blue
				45	28,0	1,5	V			$\sqrt{}$
	ErgoPlay			60	36,0	2,0	V	$\sqrt{}$	$\sqrt{}$	$\checkmark$
500		500x500	4	75	44,4	2,5	V	$\sqrt{}$	$\sqrt{}$	$\checkmark$
	Impact			90	54,0	3,0	V	$\sqrt{}$	$\sqrt{}$	$\checkmark$
			1	ErgoPlay Safety Tiles are delivered incl. dowels for installation						

Is available with standard surface in special colours according to agreement.

Is available in C3-quality with **EPDM-surface** and in C2-quality with coloured **EPDM granules** mixed into in a black surface against the price additions mentioned in the ErgoTile section below

½-tiles in size 250x500 mm and Ramp & Corner tiles in size 500x500 mm are available for every thickness

	1	ErgoTile & Erg	goPave Ru	bber Ti	les & Rub	ber Pave	rs			
	Type	Size	Pcs./m2	Th.	Weight					
		[mm]	[Pcs.]	[mm]	[kg/m2]	Standard surface (C1)				
						Red	Black	Green	Grey	Sand
			11,11	8	6,4	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	√	√
		300x300		15	13,6	V			$\sqrt{}$	√
	ErgoTile Quad			25	21,2	<b>V</b>			1	
		500x500	4	15	13,6	<b>√</b>	$\sqrt{}$	$\sqrt{}$	√	√
		300X300		25	21,2	√	√	$\sqrt{}$	√	√
		1.000x1.000	1	15	13,6	√	√	V	√	√
				25	22,5	√	<b>√</b>	V	√	√
				***43	26,8	√	<b>√</b>	V	√	√
	ErgoTile Puzzle	e 525x525	4	10	10,0	<b>√</b>	<b>√</b>	V	√	√
				15	14,6	√	V	V	<b>√</b>	√ /
				20	19,0	√	V	V	√	√
				25	23,0	√,	V	V	√	√
	ErgoPave H-Link Equine	200x160	36	23	21,6	√	<b>√</b>	V	#	#
				43	39,6				#	#
		Made especially for extreme loads as e.g. by outdoor crossfit. Produced with max. compression								ion
	ErgoTile Ramp for Quad rubber tiles	00 1000		1.7	*0.7	**				
			12,50	15	*0,7			V		
		80x1000		25	*1,1			**√		
		*Weight per. Pcs. / **Price per pcs.								

\*\*\*With 361 feets impact bottom

- # C1 & X (C1X) quality is available in 7 standard colours according to colour chart.
- # C2 quality (mix) with addition of coloured EPDM granules is available in a selection of colours according to agreement. # C3 quality (EPDM) is available in a selection of colours according to agreement.
- # C4 quality is available in a selection of designs according to agreement.

ErgoFit Fitness, Yoga & EVA mats									
	Type	Size	Pcs./box	Th.	Weight				
		[mm]		[mm]	[kg/Pcs]				
						Black	Colourfull		
<u>R</u>		1.300x700	9,00		1,6	V			
Ruk		1200x800	9,00		1,8	V			
	ErgoFit Fitness		6,00	6	2,3	V	0		
	Mats	2.500x800	4,00		3,3	V			
		2200x1100	4,00		4,4	V			
	ErgoFit	1.700x600	9	10	0,9		$\sqrt{}$		
	Yoga Mats	1.900x600	9	10	1,1		$\sqrt{}$		
	ErgoFit EVA Mats	Gross 1.060x1.060 Net 1.000x1.000	10	22	2,5	#	<b>√</b>		

ErgoStall Stable mats									
	Type	Size [mm]	Pcs./ pallet	Th.	Weight [kg/Pcs]				
						Black	Colourfull		
	ErgoStall HSM Mats	1.830x1.220	37,00	17	45,0	$\checkmark$			
	ErgoStall CF	1.800x1.200	50	12	30,0				
	Mats	1.000X1.200	37	17	43,0	V			



# Soft and environmentally friendly solutions made of recycled rubber

ErgoFloor A/S is a Danish producer and wholesaler of rubber floorings and safety surfaces suitable for use in gyms and fitness centres, playgrounds, stables, stalls, gardens etc.

Based on our wide knowhow and the modern production technology in our Vietnamese factory, we have achived a position as a leading manufacturer of floorings and surfaces produced from recycled rubber. By the use of unique and environmentally friendly production methods, a wide range of different rubber surfaces and floorings etc. are produced with the main purpose of improving safety and welfare.

Our code of ethics is, that we through our activities shall contribute to an environmentally friendly recycling of waste rubber into new and valuable rubber surfaces and rubber parts

We supply high European quality at competitive prices as well from our warehouse in Denmark as directly from our Vietnamese factory.



